

2025 NORTHWEST SUBURBAN BOYS CONFERENCE CHAMPIONSHIPS

May 22, 2025 at Elk River, MN

Boys Team Scores:

1. Blaine	169
2. Anoka	114
3. Spring Lake Park	86
4. Elk River	81
5. Robbinsdale Armstrong	77
5. Maple Grove	77
7. Coon Rapids	69
8. Osseo	50
8. Champlin Park	50
10. Totino-Grace	47
11. Centennial	41
12. Andover	39
13. Rogers	15
14. Park Center	6

Boys Wheelchair 100 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Logan Hovanetz 9 Elk River 20.40a

Boys Wheelchair 400 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Logan Hovanetz 9 Elk River 1:20.47a

Boys Wheelchair Shot Put Finals

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Athlete Yr Team Mark H#

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1 Logan Hovanetz 9 Elk River 17-5

Boys Varsity 100 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Jamal Smith 11 Spring Lake Park 10.74a
2 Jamareon Douglas 12 Blaine 10.88a
3 Levi Harris 11 Elk River 10.92a
4 Samuel Shaughnessy 12 Blaine 10.97a
5 Ethan Lynch 12 Rogers 10.97a
6 Jackson Freeman 11 Elk River 11.06a
7 Zee Korti 11 Anoka 11.09a
8 Robert Pierson 12 Osseo 11.09a
9 Daniel Chepsiror 10 Spring Lake Park 11.13a
10 Lance Hill 12 Coon Rapids 11.13a
11 Beaux Thyen 11 Maple Grove 11.15a
12 Jaden Miller 11 Totino-Grace 11.18a
13 Devin Klark 11 Blaine 11.22a
14 Evan Glowna 10 Robbinsdale Armstrong 11.24a
15 Joshua Adokpo 10 Park Center 11.26a
16 Hamado Gelgelu 11 Centennial 11.27a
17 James Engle 11 Maple Grove 11.28a
17 Christian Gulyard 10 Champlin Park 11.28a
19 Gavin Elmquist 11 Maple Grove 11.30a
20 Brayden Waldron 12 Coon Rapids 11.30a
21 Richard McIntosh 11 Osseo 11.32a
22 Kingston Vang 11 Robbinsdale Armstrong 11.33a
23 Hunter Caillier 12 Spring Lake Park 11.35a
24 Gavin Sayadeth 12 Coon Rapids 11.37a

25 Camron Carr 11 Park Center 11.37a
26 Cameron Begalle 12 Andover 11.38a
27 John Nagbe III 11 Elk River 11.39a
28 Israel Falade 11 Champlin Park 11.45a
29 Paul Faleke 10 Osseo 11.54a
30 Jackson Froslee 12 Andover 11.54a
31 Isaac Gyamera 12 Andover 11.56a
32 Curdel Davis 11 Anoka 11.57a
33 Adam Shaw 12 Rogers 11.61a
34 Inyene Ekah 9 Centennial 11.64a
35 Declan Colby 11 Rogers 11.64a
36 Leroy Saye 12 Park Center 11.71a
37 Blake Dorweiler 11 Centennial 11.71a
38 Dylan Gilles 10 Robbinsdale Armstrong 11.76a
39 Tyson Wasurick 10 Anoka 11.78a
40 Henry Momo 10 Champlin Park 11.79a
41 Syl Berg 12 Totino-Grace 11.87a
42 Adriel Bestman 12 Totino-Grace 11.87a

Boys Varsity 200 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Gavin Moore 12 Centennial 21.84a
2 Jack Weigel 12 Maple Grove 21.86a
3 Emmett Fallah 12 Robbinsdale Armstrong 21.88a
4 Jamareon Douglas 12 Blaine 22.05a
5 Samuel Shaughnessy 12 Blaine 22.14a
6 Makhi Clerk 11 Osseo 22.38a
7 Devon Luckas 11 Anoka 22.68a
8 Beaux Thyen 11 Maple Grove 22.78a
9 Emmanuel Monluo 11 Spring Lake Park 22.79a
10 Zee Korti 11 Anoka 22.80a
11 Robert Pierson 12 Osseo 22.93a
12 Jameson Niska 10 Blaine 23.00a
13 Jaden Miller 11 Totino-Grace 23.03a
14 Alijah Hibbler 10 Coon Rapids 23.15a
15 Drake Wegscheid 11 Maple Grove 23.20a
16 Evan Glowna 10 Robbinsdale Armstrong 23.32a
17 Owen Westberg 12 Elk River 23.36a
18 John Keleekai 11 Anoka 23.38a
19 Cameron Stewart 11 Spring Lake Park 23.39a
20 Hunter Caillier 12 Spring Lake Park 23.53a
21 Joseph Hauge 12 Coon Rapids 23.56a
22 Christian Gulyard 10 Champlin Park 23.66a
23 Isaac Gyamera 12 Andover 23.67a
24 Kingston Vang 11 Robbinsdale Armstrong 23.70a
25 Samuel Audette 12 Andover 23.72a
26 Hamado Gelgelu 11 Centennial 23.73a
27 Joshua Adokpo 10 Park Center 23.87a
28 Jace Howell 11 Elk River 23.87a
29 DaVion Ellis 9 Coon Rapids 23.99a
30 Jonah Perozzi 12 Champlin Park 24.03a
31 Noah Strouth 11 Rogers 24.03a
32 Gamada Bullo 11 Centennial 24.09a
33 Daysely Zulu 12 Osseo 24.11a
34 Nataniel Gazamoundiou 11 Park Center 24.13a
35 Tristen Chenoweth 10 Andover 24.26a
36 Bila Asan 12 Elk River 24.40a
37 Leroy Saye 12 Park Center 24.55a
38 Christopher Nkwocha 11 Champlin Park 24.61a
39 Joseph Schlaefer 11 Totino-Grace 24.96a

40 Jayden Gibson 10 Totino-Grace 25.05a
41 Aiden McGraw 11 Rogers 25.18a
Ethan Lynch 12 Rogers DNS

Boys Varsity 400 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Mekhai Martin 10 Coon Rapids 49.09a
2 Haevian Cole 11 Blaine 49.83a
3 Justin Richard 10 Blaine 49.91a
4 Gideon Breker 12 Robbinsdale Armstrong 50.35a
5 Josiah Young 12 Totino-Grace 50.42a
6 Lucas Ringel 12 Robbinsdale Armstrong 50.88a
7 Maxwell Johnson 12 Centennial 51.19a
8 Zachary Welch 12 Anoka 51.57a
9 Brady Jenson 12 Andover 51.68a
10 Cole Nelson 12 Centennial 51.72a
11 Henry Wredberg 12 Spring Lake Park 51.75a
12 Jon Lunde 11 Maple Grove 51.79a
13 Oliver Retrum 12 Maple Grove 51.82a
14 Nolan Potvien 12 Andover 51.94a
15 Kalen Blanchette 12 Osseo 51.97a
16 Devon Luckas 11 Anoka 51.99a
17 Cameron Stewart 11 Spring Lake Park 52.19a
18 Naanno Gemta 12 Blaine 52.38a
19 Matthew Mayo 11 Champlin Park 52.60a
20 Wyatt Rothrum 12 Anoka 52.73a
21 Kevon Deloach 10 Coon Rapids 52.77a
22 Baylor Dwinal 10 Champlin Park 53.09a
23 Luke Bottema 11 Maple Grove 53.11a
24 Vince Jacob 12 Totino-Grace 53.22a
25 Gavin Murray 12 Champlin Park 53.84a
26 Archer Smith 11 Elk River 54.29a
27 Cooper Herzog 10 Spring Lake Park 54.48a
28 Abishard Archille 12 Totino-Grace 54.84a
29 Archibald Weah 10 Park Center 55.04a
30 Adam Sachs 10 Andover 55.33a
31 James Huff-Banks 12 Park Center 55.82a
32 Gavin Koffski 12 Osseo 55.84a
33 Eliot Shepard 11 Centennial 55.87a
34 Chestine Thomas 11 Park Center 56.07a
35 Mutalah Secka 11 Elk River 56.31a
36 Ryan Thomas 9 Robbinsdale Armstrong 56.31a
37 Michael Monson 9 Coon Rapids 56.43a
38 Justin Finstrom 10 Osseo 56.45a
39 Quinn Bennett 8 Rogers 56.82a
40 John Nagbe III 11 Elk River 57.02a
41 Colton Cotter 9 Rogers 57.76a

Boys Varsity 800 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Aaron Peterson 11 Anoka 1:57.18a
2 Luke Fehrenbacher 12 Spring Lake Park 1:57.67a
3 Liban Ahmed 11 Centennial 1:59.46a
4 William Maher 12 Champlin Park 1:59.87a
5 Jack Zellmer 11 Blaine 1:59.94a
6 Noah Berg 11 Centennial 2:00.31a
7 Griffin Schmidt 10 Robbinsdale Armstrong 2:00.38a
8 Logan Martinez 12 Champlin Park 2:00.93a
9 Cyrus Shrestha 10 Rogers 2:01.16a
10 Sam Majewski 12 Robbinsdale Armstrong 2:01.20a
11 Alaric Burroughs 11 Blaine 2:02.41a

12 Ben Sanvik 11 Osseo 2:02.96a
13 Benjamin Femrite 12 Maple Grove 2:05.31a
14 Tyler Vossen 12 Coon Rapids 2:05.53a
15 Asad Farah 11 Osseo 2:06.29a
16 Clayton Solberg 12 Spring Lake Park 2:06.58a
17 Collin Patrick 10 Anoka 2:07.40a
18 Alexander Persing 12 Centennial 2:07.55a
19 Eli Berg 10 Osseo 2:08.61a
20 Alexander Jund 12 Blaine 2:08.71a
21 Landon Vance 12 Totino-Grace 2:08.86a
22 Yael Zumba Salazar 12 Spring Lake Park 2:10.85a
23 Daniel Sher 10 Maple Grove 2:11.75a
24 Benjamin Matzke 12 Champlin Park 2:13.55a
25 Albi (Alberto) Ludwig 12 Coon Rapids 2:13.88a
26 Joshua Honigman 12 Maple Grove 2:13.89a
27 Beck Cleaveland 11 Elk River 2:15.29a
28 Noah Shaffer 10 Andover 2:17.44a
29 Bila Tufa 10 Rogers 2:21.73a
30 Phillip Gradinar 10 Elk River 2:23.15a
31 Judah Bobendrier 10 Andover 2:24.26a
32 Jakob Browsers 8 Park Center 2:24.52a
33 Levi Stevens 11 Anoka 2:25.26a
34 Benjamin St. Martin 11 Elk River 2:25.56a
35 Santiago Zamora 9 Totino-Grace 2:25.83a
36 William Widmark 11 Andover 2:27.27a
37 Jacob Goman 11 Totino-Grace 2:27.47a
38 Finn Kinart 10 Park Center 2:29.24a
39 Tyler Leebens 10 Park Center 2:31.16a
Camden Thomas 10 Coon Rapids DNS

Boys Varsity 1600 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Matthew Lindgren 12 Totino-Grace 4:18.61a
2 Tyler Flippen 10 Andover 4:19.16a
3 Alaric Burroughs 11 Blaine 4:21.20a
4 Gannon Farrens 12 Maple Grove 4:21.41a
5 Logan Martinez 12 Champlin Park 4:24.93a
6 Blake Frazer 11 Champlin Park 4:29.89a
7 Zakariya Mohamed 11 Champlin Park 4:29.94a
8 Aleksander Tsegay 10 Blaine 4:35.24a
9 Blake Beaver 10 Park Center 4:36.14a
10 Carter Stevens 12 Andover 4:36.81a
11 Jackson Carlson 10 Elk River 4:37.05a
12 Jackson Browsers 10 Park Center 4:37.23a
13 Emmitt Revering 11 Anoka 4:37.52a
14 Eric Lindgren 9 Totino-Grace 4:40.18a
15 Samuel Meier 11 Maple Grove 4:41.10a
16 Alexander Persing 12 Centennial 4:41.81a
17 Benaiah Breker 10 Robbinsdale Armstrong 4:42.15a
18 Zach Hrobak 10 Robbinsdale Armstrong 4:43.38a
19 William Rengo 11 Anoka 4:44.10a
20 Dallas Manhart 11 Maple Grove 4:46.50a
21 John Momanyi 12 Osseo 4:47.37a
22 David Mueller 9 Spring Lake Park 4:47.77a
23 Gabriel Wiegert 12 Robbinsdale Armstrong 4:48.51a
24 Judah Shrestha 7 Rogers 4:50.99a
25 David Krolnik 12 Park Center 4:51.29a
26 Edwin Vara Vazquez 12 Spring Lake Park 4:51.76a
27 Matthew Misko 11 Totino-Grace 4:53.03a
28 Nic Brandt 8 Spring Lake Park 4:53.23a
29 Cade Donnay 9 Rogers 4:54.74a
30 Cole Burnett 12 Coon Rapids 4:55.37a
31 John Downs 12 Andover 4:57.08a

32 Luke Deneson 12 Rogers 4:58.90a
 33 Steven Wachholz 11 Osseo 4:59.43a
 34 Levi Stevens 11 Anoka 4:59.55a
 35 Kyler Nielson 11 Centennial 5:00.09a
 36 Caleb Barrett 11 Centennial 5:01.98a
 37 Owen James 12 Coon Rapids 5:02.26a
 38 Gilbert Kostuck 12 Coon Rapids 5:04.71a
 39 Blake Pearson 10 Blaine 5:06.97a
 40 Brendan Abernathy 7 Elk River 5:07.78a
 41 Nathan Berhane 11 Osseo 5:10.69a
 42 Max Sofio 8 Elk River 5:11.24a

Boys Varsity 3200 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Tyler Flippen 10 Andover 9:37.01a
 2 Blake Frazer 11 Champlin Park 9:51.37a
 3 Lucas Capistrant 10 Maple Grove 9:51.95a
 4 Quinlan Rundquist 12 Osseo 9:57.70a
 5 Israel Sulungaine 10 Blaine 9:58.73a
 6 Austin Matrious 11 Blaine 10:03.87a
 7 Henry Meberg 9 Blaine 10:09.19a
 8 Blake Beaver 10 Park Center 10:09.54a
 9 Andrew Ellis 10 Osseo 10:10.55a
 10 Jackson Browers 10 Park Center 10:11.76a
 11 Caleb Osterberg 11 Champlin Park 10:11.86a
 12 Spencer Feye 9 Rogers 10:20.31a
 13 William Rengo 11 Anoka 10:23.01a
 14 Samuel Gaines 11 Anoka 10:23.79a
 15 Davin Christen 11 Osseo 10:23.79a
 16 Jackson Carlson 10 Elk River 10:29.54a
 17 Cole Kutches 11 Anoka 10:30.70a
 18 David Mueller 9 Spring Lake Park 10:35.79a
 19 William Aweke 12 Spring Lake Park 10:36.89a
 20 Isaac Lundeen 11 Maple Grove 10:38.17a
 21 Matthew Misko 11 Totino-Grace 10:38.96a
 22 Carter Stevens 12 Andover 10:39.77a
 23 Eric Lindgren 9 Totino-Grace 10:40.26a
 24 Marco Velasquez 12 Coon Rapids 10:41.04a
 25 Steven Hennig 9 Andover 10:43.39a
 26 Nathaniel Kosbab 11 Spring Lake Park 10:44.59a
 27 Josh Sweeney 11 Robbinsdale Armstrong 10:55.92a
 28 David Krolnik 12 Park Center 10:58.16a
 29 Christopher Feela 10 Maple Grove 10:59.35a
 30 Dagmawi Alemu 11 Coon Rapids 11:10.23a
 31 Barrett Parks 9 Rogers 11:12.57a
 32 Cade Donnay 9 Rogers 11:14.56a
 33 Kyler Nielson 11 Centennial 11:17.14a
 34 Levi Ethen 8 Elk River 11:18.82a
 35 Anders Hassis 11 Robbinsdale Armstrong 11:28.68a
 36 Nathan Kaul 11 Centennial 11:32.18a
 37 Nicholas Dubay 11 Centennial 11:36.62a
 38 Vincent Patullo 9 Elk River 11:37.58a
 39 Josey Jacobs 9 Coon Rapids 11:40.93a
 Zakariya Mohamed 11 Champlin Park DNS

Boys Varsity 110m Hurdles Finals

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Athlete Yr Team Mark H# Wind

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1 Afanna Ibekwe 12 Anoka 14.30a
 2 Carnell Robinson 12 Coon Rapids 14.93a
 3 Matthew Rivera 11 Blaine 14.94a
 4 Loic Djiotsa 11 Coon Rapids 15.14a

5 Kvaughn Landers 12 Blaine 15.17a
 6 Justin Sworr 12 Blaine 15.21a
 7 Lincoln Sheck 11 Spring Lake Park 15.32a
 8 Noah Strouth 11 Rogers 15.45a
 9 Kyle Erickson 12 Champlin Park 15.51a
 10 Insy Saengchantha 10 Champlin Park 15.56a
 11 Micah Goetz 11 Spring Lake Park 15.76a
 12 Trey Borchers 12 Anoka 15.82a
 13 Sean Kerkula 10 Andover 15.87a
 14 Ny'Shaun Robinson 11 Spring Lake Park 15.89a
 15 Joshua Kolaru 11 Osseo 15.98a
 16 Benjamin Hickman 12 Elk River 16.10a
 17 Miles Tangen 10 Maple Grove 16.19a
 18 Rico Calvert 11 Park Center 16.24a
 19 Tate Gladney 11 Robbinsdale Armstrong 16.27a
 20 Gabriel Lundberg 11 Robbinsdale Armstrong 16.32a
 21 Austin Olson 11 Osseo 16.40a
 22 Cody Dagogo 11 Coon Rapids 16.56a
 23 Brody Lakanen 11 Anoka 16.63a
 24 Camar Blades 11 Park Center 17.03a
 25 Rick Flaws 12 Elk River 17.17a
 26 Pierre Johnson 10 Andover 17.22a
 27 Dawe Basho 12 Maple Grove 17.42a
 28 Kendric Kissi 12 Osseo 17.47a
 29 Aiden Horton 11 Rogers 17.64a
 30 Theodore Chirhart 12 Robbinsdale Armstrong 17.65a
 31 Jordan Blankenship 11 Andover 17.88a
 32 Cayden Fields 10 Elk River 18.25a
 33 Aiden McGraw 11 Rogers 18.75a
 34 Henry Schwartz 10 Centennial 18.79a
 35 Nataniel Gazamoundiou 11 Park Center 19.32a
 36 Gavin MacLeod 10 Centennial 19.56a
 37 Joe-Wills Monari 10 Champlin Park 19.69a
 38 Cason Haider 10 Centennial 19.71a
 Erick Robinson 11 Maple Grove DNS

Boys Varsity 300m Hurdles Finals

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Athlete Yr Team Mark H# Wind

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1 Keynan Allee 11 Maple Grove 38.64a
 2 Brady Paulson 12 Spring Lake Park 38.85a
 3 Afanna Ibekwe 12 Anoka 39.31a
 4 Carnell Robinson 12 Coon Rapids 40.61a
 5 Joshua Kolaru 11 Osseo 41.00a
 6 Micah Goetz 11 Spring Lake Park 41.01a
 7 Noah Strouth 11 Rogers 41.04a
 8 Tate Gladney 11 Robbinsdale Armstrong 41.16a
 9 Austin Olson 11 Osseo 41.44a
 10 Austin Westerberg-Olsen 11 Blaine 41.62a
 11 Loic Djiotsa 11 Coon Rapids 41.67a
 12 Benjamin Hickman 12 Elk River 41.87a
 13 Matthew Rivera 11 Blaine 41.93a
 14 Insy Saengchantha 10 Champlin Park 42.07a
 15 Dawe Basho 12 Maple Grove 42.35a
 16 Trey Borchers 12 Anoka 42.46a
 17 Gabriel Lundberg 11 Robbinsdale Armstrong 42.52a
 18 Deaven Riles 10 Blaine 43.41a
 19 Miles Tangen 10 Maple Grove 43.52a
 20 Rico Calvert 11 Park Center 43.80a
 21 Louie Christian 11 Spring Lake Park 43.84a
 22 Aiden Horton 11 Rogers 43.87a
 23 Kendric Kissi 12 Osseo 43.93a
 24 Augustine Moran 11 Anoka 44.01a
 25 Aiden McGraw 11 Rogers 44.63a

26 Nataniel Gazamoundiou 11 Park Center 45.47a
 27 Rick Flaws 12 Elk River 45.73a
 28 Hudson Tanem 10 Coon Rapids 46.18a
 29 Levi Peterson 9 Centennial 46.34a
 30 Jordan Blankenship 11 Andover 46.55a
 31 Alvan Hearn 12 Robbinsdale Armstrong 47.13a
 32 Ryan Lamb 9 Totino-Grace 47.54a
 33 Jahiro Romero Jimenez 10 Elk River 47.73a
 34 Sean Kerkula 10 Andover 48.54a
 35 Kyle Erickson 12 Champlin Park 48.77a
 36 Joe-Wills Monari 10 Champlin Park 49.34a
 37 Devin Swenson 9 Centennial 49.56a
 38 Cason Haider 10 Centennial 50.42a
 39 Pierre Johnson 10 Andover 50.47a
 Bryce Bullard 11 Park Center DNS
 Michael Strong 12 Totino-Grace DQ

Boys Varsity 4x100m Relay Finals

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Team Time H#

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1 Elk River 41.83a
 1) Brecken Keoraj 2) Jackson Freeman
 3) Owen Westberg 4) Levi Harris
 2 Spring Lake Park 42.81a
 1) Daniel Chepsiror 2) Jamal Smith
 3) Hunter Caillier 4) Emmanuel Monluo
 3 Anoka 42.91a
 1) Isaiah Salami 2) Devon Luckas
 3) Zachary Welch 4) Zee Korti
 4 Blaine 42.98a
 1) Justin Sworr 2) Devin Klark
 3) Jameson Niska 4) Jamareon Douglas
 5 Osseo 44.60a
 1) Paul Faleke 2) Jordan Oghumah
 3) Jaden Freeman 4) Richard McIntosh
 6 Andover 44.71a
 1) Jackson Froslee 2) Isaac Gyamera
 3) Samuel Audette 4) Cameron Begalle
 7 Park Center 45.17a
 1) Levi Boehler 2) Joshua Adokpo
 3) Leroy Saye 4) Camron Carr
 8 Rogers 45.55a
 1) Adam Shaw 2) Declan Colby
 3) Collin Anderson 4) Chris Naklen
 9 Centennial 45.82a
 1) Calvin Kuester 2) Gamada Bullo
 3) Skylar Mortenson 4) Blake Dorweiler
 10 Robbinsdale Armstrong 54.53a
 1) Kingston Vang 2) Jordan McAfee
 3) Evan Glowna 4) Emmett Fallah
 11 Coon Rapids 1:04.39a
 1) Alijah Hibbler 2) Lance Hill
 3) Brayden Waldron 4) Cyril Lifaka
 Maple Grove DNF
 1) Drake Wegscheid 2) Beaux Thyen
 3) James Engle 4) Jack Weigel
 Champlin Park DQ
 1) Mario Robinson 2) Christian Gulyard
 3) Peter Gwin 4) Kenny Okonkwo

Boys Varsity 4x200m Relay Finals

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Team Time H#

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1 Maple Grove 1:28.02a
 1) Drake Wegscheid 2) Keynan Allee
 3) Jon Lunde 4) Jack Weigel
 2 Elk River 1:28.53a
 1) Brecken Keoraj 2) Jackson Freeman
 3) Owen Westberg 4) Levi Harris
 3 Robbinsdale Armstrong 1:28.54a
 1) Lucas Ringel 2) Eli Kuempel
 3) Gideon Breker 4) Emmett Fallah
 4 Totino-Grace 1:29.13a
 1) Michael Strong 2) Joseph Schlaefer
 3) Emmanuel Benson 4) Josiah Young
 5 Blaine 1:29.16a
 1) Haevian Cole 2) Edao Galchu
 3) Samuel Shaughnessy 4) Jameson Niska
 6 Coon Rapids 1:29.64a
 1) Joseph Hauge 2) Carnell Robinson
 3) Cyril Lifaka 4) Mekhai Martin
 7 Osseo 1:29.93a
 1) Kalen Blanchette 2) Jaden Freeman
 3) Makhi Clerk 4) Robert Pierson
 8 Spring Lake Park 1:30.43a
 1) Brady Paulson 2) Emmanuel Monluo
 3) Daniel Chepsiror 4) Micah Goetz
 9 Champlin Park 1:30.46a
 1) Mario Robinson 2) Christian Gulyard
 3) Christopher Nkwocha 4) Israel Falade
 10 Centennial 1:30.87a
 1) Trystan Green 2) Gamada Bullo
 3) Hamado Gelgelu 4) Gavin Moore
 11 Andover 1:31.87a
 1) Brady Jenson 2) Nolan Potvien
 3) Samuel Audette 4) Cameron Begalle
 12 Anoka 1:34.32a
 1) John Keleekai 2) Wyatt Rothrum
 3) Collin Patrick 4) Antonio Hodgeman
 13 Park Center 1:34.91a
 1) Joshua Adokpo 2) Archibald Weah
 3) Prince Axel-Assogba 4) Chestine Thomas
 14 Rogers 1:39.27a
 1) Elijah Wehyee 2) Jayden Nyaosi
 3) Collin Anderson 4) Chris Naklen

Boys Varsity 4x400m Relay Finals

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Team Time H#

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1 Blaine 3:20.85a
 1) Haevian Cole 2) Matthew Rivera
 3) Edao Galchu 4) Justin Richard
 2 Totino-Grace 3:21.24a
 1) Michael Strong 2) Matthew Lindgren
 3) Vince Jacob 4) Josiah Young
 3 Coon Rapids 3:22.23a
 1) Kevon Deloach 2) Tyler Vossen
 3) Cyril Lifaka 4) Mekhai Martin
 4 Robbinsdale Armstrong 3:22.72a
 1) Lucas Ringel 2) Eli Kuempel
 3) Joey Jacobson 4) Gideon Breker
 5 Centennial 3:24.52a
 1) Liban Ahmed 2) Trystan Green

3) Maxwell Johnson 4) Cole Nelson
 6 Spring Lake Park 3:26.64a
 1) Brady Paulson 2) Clayton Solberg
 3) Cameron Stewart 4) Luke Fehrenbacher
 7 Anoka 3:28.37a
 1) Zachary Welch 2) Dustin Larson
 3) Wyatt Rothrum 4) Afanna Ibekwe
 8 Osseo 3:29.20a
 1) Makhi Clerk 2) Joshua Kolaru
 3) Austin Olson 4) Kalen Blanchette
 9 Andover 3:30.57a
 1) Brady Jenson 2) Antoine Ziegler
 3) Marcus Larson 4) Nolan Potvien
 10 Champlin Park 3:30.76a
 1) Baylor Dwinal 2) Eric Lukes
 3) William Maher 4) Matthew Mayo
 11 Elk River 3:34.17a
 1) Jagger Sasse 2) Keller Schmitz
 3) Tabio Badio 4) Parker Klein
 12 Maple Grove 3:38.99a
 1) Luke Bottema 2) Jon Lunde
 3) Oliver Retrum 4) Gannon Farrens
 13 Rogers 3:40.22a
 1) Colton Cotter 2) Aiden Horton
 3) Quinn Bennett 4) Cyrus Shrestha
 14 Park Center 3:45.54a
 1) Trevion Perdue 2) Archibald Weah
 3) Chestine Thomas 4) Camron Carr

Boys Varsity 4x800m Relay Finals

Team Time H#

1 Anoka 8:04.60a
 1) Cameron Dorst 2) Emmitt Revering
 3) Dustin Larson 4) Aaron Peterson
 2 Champlin Park 8:10.38a
 1) Benjamin Matzke 2) Lucas Vetter
 3) Caleb Osterberg 4) William Maher
 3 Blaine 8:10.94a
 1) Israel Sulungaine 2) Austin Matrious
 3) Aleksander Tsegay 4) Jack Zellmer
 4 Osseo 8:12.67a
 1) Ben Sanvik 2) Eli Berg
 3) Asad Farah 4) Quinlan Rundquist
 5 Maple Grove 8:29.28a
 1) Oliver Retrum 2) Benjamin Femrite
 3) Joshua Honigman 4) Lucas Capistrant
 6 Spring Lake Park 8:38.85a
 1) Yael Zumba salazar 2) Kamar Hussen
 3) William Aweke 4) Clayton Solberg
 7 Robbinsdale Armstrong 8:40.10a
 1) Joey Jacobson 2) Josh Sweeney
 3) Aydin Senyurekli 4) Gabriel Wiegert
 8 Centennial 8:40.93a
 1) Noah Berg 2) Eliot Shepard
 3) Nicholas Dubay 4) Connor Louks
 9 Rogers 8:55.16a
 1) Quinn Bennett 2) Spencer Feyo
 3) Colton Cotter 4) Bila Tufa
 10 Coon Rapids 8:57.98a
 1) Dagmawi Alemu 2) Tyler Vossen
 3) Camden Thomas 4) Tate Burnett
 11 Andover 9:01.23a
 1) Noah Shaffer 2) Owen Lebeau

3) Hunter Birkmeier 4) Noble Andersland
 12 Elk River 9:16.81a
 1) Beck Cleaveland 2) Jackson Busch
 3) Phillip Gradinar 4) Vincent Patullo
 13 Park Center 9:33.01a
 1) Jack Janowak 2) Finn Kinart
 3) Jakob Browers 4) Kevin Knutson
 14 Totino-Grace 9:33.55a
 1) Ryan Lamb 2) Landon Vance
 3) Noah Beitz 4) Santiago Zamora

Boys Varsity Shot Put Finals

Athlete Yr Team Mark H#

1 Luke Pappas 12 Robbinsdale Armstrong 54-5.25
 2 Kordt Njoh Njoh 12 Maple Grove 49-8
 3 Simon Bicek 11 Elk River 49-5.5
 4 Logan Burns 12 Anoka 49-4
 5 Kevin Kieh 11 Osseo 48-4
 6 Evan Lowry-Simpson 12 Blaine 47-5.75
 7 Noah Tieden 11 Blaine 47-4
 8 Mykhailo Protsenko 11 Robbinsdale Armstrong 46-9.75
 9 Nolan LaPointe 11 Andover 45-11.5
 10 Ebin Bastiansen 10 Champlin Park 45-7.5
 11 Davian Vu 12 Blaine 45-5
 12 Adem Muratovic 11 Rogers 45-3.75
 13 Alexander Jensen 11 Elk River 44-10
 14 Owen Carter 10 Centennial 44-9.25
 15 Peter Okafor 12 Park Center 44-8.75
 16 Isaac Olson 11 Spring Lake Park 44-7
 17 Jacoby Peterson 12 Coon Rapids 44-1.25
 18 Jaxson Drum 11 Spring Lake Park 43-8.5
 19 Tony Turner 12 Spring Lake Park 43-6.5
 20 Theo Thomas 12 Totino-Grace 41-8.75
 21 Hayden Skillings 12 Coon Rapids 41-4.25
 22 Brayden Boesch 10 Centennial 40-9.5
 23 James Cooper 10 Champlin Park 40-5.25
 24 Michael Chamberlain 12 Anoka 40-4.5
 25 Calvin McIntosh 12 Totino-Grace 39-10.75
 26 Porter Emerson 11 Maple Grove 39-2
 27 Toua Vue 10 Park Center 39-1
 28 Landon Albeck 12 Maple Grove 38-8
 29 Archer Smith 11 Elk River 38-4
 30 Andrew Russell 9 Centennial 38-2.25
 31 Christopher Monemy 11 Coon Rapids 37-5.25
 32 Andrew Kriz 11 Anoka 36-10.5
 33 Caelan Bobbe 12 Andover 35-9
 34 Francis Bassie 12 Totino-Grace 34-8.5
 35 Davin Ohlgren 10 Rogers 34-3
 36 Jermaine Washington 11 Osseo 34-1
 37 Rory Nelson 10 Rogers 33-10
 38 Foster Montgomery 9 Andover 33-8
 39 Owen Elskamp 12 Osseo 32-11.25
 40 Dakagar Johnson 11 Park Center 29-8.5
 41 Evan Mendoza 11 Robbinsdale Armstrong 27-10.5
 Michael Bruggers 12 Champlin Park DNS

Boys Varsity Discus Finals

Athlete Yr Team Mark H#

1 Luke Pappas 12 Robbinsdale Armstrong 154-9
 2 Austin Holt 10 Spring Lake Park 144-8
 3 Evan Lowry-Simpson 12 Blaine 144-2

4 Mykhailo Protsenko 11 Robbinsdale Armstrong 142-9
 5 Michael Bruggers 12 Champlin Park 140-11
 6 Simon Bicek 11 Elk River 139-9
 7 Noah Tieden 11 Blaine 136-10
 8 Gavin Montgomery 12 Blaine 136-8
 9 Owen Carter 10 Centennial 133-10
 10 Ebin Bastiansen 10 Champlin Park 130-7
 11 Jackson Froslee 12 Andover 129-1
 12 Peter Okafor 12 Park Center 128-8
 13 Austin Bryles 12 Spring Lake Park 126-10
 14 Brayden Boesch 10 Centennial 125-7
 15 Hudson Tanem 10 Coon Rapids 124-7
 16 Owen Leiter 11 Centennial 123-10
 17 Dillon Thurston 12 Robbinsdale Armstrong 123-4
 18 Logan Burns 12 Anoka 121-2
 19 Carter Cook 9 Elk River 117-2
 20 Porter Emerson 11 Maple Grove 117-2
 21 Alexander Jensen 11 Elk River 116-9
 22 Theodore Mitshulis 12 Anoka 112-5
 23 Isaac Nimley 9 Park Center 110-3
 24 Christopher Monemy 11 Coon Rapids 110-2
 25 Samuel Welle 11 Rogers 109-7
 26 Everett Schutta 12 Totino-Grace 108-5
 27 Owen Elskamp 12 Osseo 108-0
 28 Adem Muratovic 11 Rogers 107-8
 29 Caelan Bobbe 12 Andover 107-1
 30 Landon Albeck 12 Maple Grove 106-0
 31 Payton Loftus 10 Champlin Park 105-4
 32 Hayden Skillings 12 Coon Rapids 103-5
 33 Jaxson Drum 11 Spring Lake Park 102-10
 34 Rory Nelson 10 Rogers 102-7
 35 Dakagar Johnson 11 Park Center 98-8
 36 Mason Briese 12 Anoka 97-1
 37 Matthew Dotzenrod 11 Maple Grove 95-8
 38 Kevin Kieh 11 Osseo 95-3
 39 Calvin McIntosh 12 Totino-Grace 95-0
 40 Jermaine Washington 11 Osseo 91-5
 41 Owen Kozarek 12 Andover 88-3
 42 Osmar Colero Dominguez 11 Totino-Grace 78-10

Boys Varsity High Jump Finals

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Athlete Yr Team Mark H# Wind

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1 Isaiah Salami 11 Anoka 6-6
 2 Josiah Young 12 Totino-Grace 6-4
 3 Eiza Ojo 11 Osseo 6-4
 3 Devian Aluka 12 Coon Rapids 6-4
 5 Tristan Hanson 11 Centennial 6-2
 6 Tonie Torboh 12 Elk River 6-2
 7 Shiloh Ayitey 11 Blaine 6-2
 8 Nshangji Zillang 11 Blaine 6-2
 9 Sheikh Dukuly 12 Champlin Park 6-0
 10 Parker Klein 11 Elk River 6-0
 11 Carlos Momo 9 Blaine 6-0
 12 Leonard Mitchell 12 Anoka 6-0
 13 Farelle Deline 11 Robbinsdale Armstrong 5-10
 13 Boluwatife Adeuga 10 Coon Rapids 5-10
 15 Riley Wallace 12 Centennial 5-10
 16 Caleb Nyamari 12 Anoka 5-10
 17 Zachary Domokos 12 Spring Lake Park 5-10
 18 Kolvin Mayer 12 Elk River 5-10
 19 Finn Wold 12 Centennial 5-8
 20 Baboucarr Ann 10 Maple Grove 5-8
 20 Lincoln Sheck 11 Spring Lake Park 5-8

22 Cole Kalkwarf 10 Maple Grove 5-6
 22 Joshua Kolaru 11 Osseo 5-6
 24 Nicholas Keenan 11 Champlin Park 5-6
 25 Henry Adams 12 Rogers 5-6
 26 Kalifa Sangary 9 Maple Grove 5-6
 27 Sean Kerkula 10 Andover 5-6
 28 Tristen Chenoweth 10 Andover 5-4
 29 Isaiah Luellen 11 Totino-Grace 5-4
 30 James Huff-Banks 12 Park Center 5-4
 30 Dylan Gilles 10 Robbinsdale Armstrong 5-4
 32 Brayden Treadway 10 Robbinsdale Armstrong 5-4
 33 Cale Schurke 10 Andover 5-2
 Kevin Yevu 10 Champlin Park NH
 Briggs Tarnowski 9 Rogers NH
 Prince Axel-Assogba 9 Park Center DNS
 Tony Brown 9 Park Center DNS
 Lucas Rivers 10 Rogers NH
 Taylor Neal 10 Coon Rapids NH
 Connor Albers 11 Osseo NH

Boys Varsity Pole Vault Finals

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Athlete Yr Team Mark H# Wind

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1 Henry White 12 Maple Grove 15-6
 2 Jackson Froslee 12 Andover 14-6
 3 Blake Sieben 10 Anoka 14-0
 4 Sebastian Santiago 12 Spring Lake Park 13-0
 5 Sawyer Klejeski 10 Spring Lake Park 13-0
 6 Eli Kuempel 11 Robbinsdale Armstrong 12-6
 7 Vincente Santiago 10 Spring Lake Park 12-6
 8 Lucas Vandal 10 Champlin Park 12-6
 9 Adam Shaw 12 Rogers 12-0
 10 Broderick Berglin 11 Totino-Grace 11-0
 10 Raleigh Rundquist 11 Osseo 11-0
 10 Thor Jorgenson 10 Andover 11-0
 10 Owen Scott 12 Blaine 11-0
 14 Luke Sharp 11 Blaine 11-0
 15 Grayson Wolf 10 Champlin Park 11-0
 16 Gavin Nelson 11 Maple Grove 11-0
 17 Cayden Ban 11 Anoka 11-0
 18 Cash Peschong 10 Blaine 10-0
 18 George Yang 12 Park Center 10-0
 18 Owen Kozarek 12 Andover 10-0
 18 Evan Sikkink 11 Centennial 10-0
 18 Jeremy Purkat 10 Champlin Park 10-0
 23 Evan Streit 12 Rogers 10-0
 23 Ezekiel Mbemeh 10 Anoka 10-0
 23 Caleb Tucker 12 Coon Rapids 10-0
 26 Lamar Mcinnis 10 Elk River 10-0
 27 Komona Kah 11 Coon Rapids 9-0
 27 Kellen Ness 9 Maple Grove 9-0
 27 Matthew Andrews 11 Elk River 9-0
 30 Kellan Hauwiller 10 Osseo 9-0
 31 Carter Cook 9 Elk River 9-0
 Dylan Pham 12 Park Center DNS
 Robert Reps 10 Osseo NH
 Devin Swenson 9 Centennial NH
 Gideon Breker 12 Robbinsdale Armstrong NH
 Paxton Lehman 11 Centennial NH
 Tim Nguyen 12 Totino-Grace NH
 Trevion Perdue 12 Park Center DNS
 Trevian Aluka 12 Coon Rapids DNS
 Alistair Medved 9 Totino-Grace NH
 Moses Thor 12 Rogers NH

Boys Varsity Long Jump Finals

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Athlete Yr Team Mark H# Wind

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1 Tonie Torboh 12 Elk River 22-7.25
2 Isaiah Salami 11 Anoka 21-3.75
3 Derrick Obwaya 10 Blaine 21-2
4 Devian Aluka 12 Coon Rapids 20-11.75
5 Nshangji Zillang 11 Blaine 20-9
6 Emmanuel Benson 12 Totino-Grace 20-6
7 Michael Criswell 10 Osseo 20-5.5
8 Caleb Nyamari 12 Anoka 20-2.5
9 Eli Kuempel 11 Robbinsdale Armstrong 20-2.5
10 Justin Sworr 12 Blaine 20-0
11 Kolvin Mayer 12 Elk River 19-11.5
12 Rylan Olmstead 10 Maple Grove 19-10.5
13 Zachary Domokos 12 Spring Lake Park 19-9.75
14 Adriel Bestman 12 Totino-Grace 19-8.75
15 Marcus Larson 11 Andover 19-8.5
16 Farelle Deline 11 Robbinsdale Armstrong 19-7.75
17 Brayden Waldron 12 Coon Rapids 19-7.5
18 Lance Quiah 12 Osseo 19-6
19 Isaiah Badejo 10 Spring Lake Park 19-5.25
20 Daniel Chepsiror 10 Spring Lake Park 19-4.75
21 David Balisidya 10 Elk River 19-3.25
22 Mason Willenbring 12 Centennial 19-1.75
23 Kyle Erickson 12 Champlin Park 19-0
24 Skylar Mortenson 11 Centennial 18-9.5
25 Jordan Wade 11 Park Center 18-9
26 Inyene Ekah 9 Centennial 18-8.75
27 Jibril Hall 11 Osseo 18-8.25
28 Ed Balikalaba 10 Anoka 18-7.75
29 Urias Quiah 10 Champlin Park 18-6.5
30 Leyton Ullery 11 Champlin Park 18-5.75
31 Rico Calvert 11 Park Center 18-5
32 Collin Anderson 11 Rogers 18-4.5
33 Jayden Nyaoasi 10 Rogers 18-3.5
34 Matia Lumaya 12 Totino-Grace 17-5.5
35 Benjamin Mulawarman 11 Maple Grove 17-3.5
36 Brandon Nguyen 10 Andover 17-3.25
37 Peyton Verheyen 10 Andover 16-9.75
38 Luca Maciej 8 Maple Grove 16-5.75
Taylor Neal 10 Coon Rapids ND
Fred Dassin 12 Robbinsdale Armstrong ND

16 Cameron Stewart 11 Spring Lake Park 41-11
17 Owegio Wreh 10 Centennial 41-1.5
18 Cody Dagogo 11 Coon Rapids 41-0.75
19 Mason Willms 9 Elk River 40-7
20 Cole Kalkwarf 10 Maple Grove 40-6
21 Zachary Domokos 12 Spring Lake Park 40-4.5
22 Patrick Wright 11 Maple Grove 40-3.25
23 Daysely Zulu 12 Osseo 40-1.5
24 Baboucarr Ann 10 Maple Grove 40-0.5
25 Nicholas Keenan 11 Champlin Park 39-6
26 Jibril Hall 11 Osseo 39-5.5
27 Cale Schurke 10 Andover 39-1.5
28 Fnan Zeresenay 12 Centennial 38-6.25
29 Jordan Jackson 10 Coon Rapids 38-3.5
30 Marcus Larson 11 Andover 37-10.5
31 Declan Colby 11 Rogers 37-7.5
32 Brandon Nguyen 10 Andover 36-11.25
33 Henry Adams 12 Rogers 36-9
34 Mason Willenbring 12 Centennial 36-0.75
35 Joseph Schlaefel 11 Totino-Grace 35-10
36 Eli Welle 9 Rogers 34-8.5
37 Terris Fitten 11 Robbinsdale Armstrong 32-7.25
38 Nam ANH Pham 11 Park Center 32-4
39 Jayden Gibson 10 Totino-Grace 31-3
Fred Dassin 12 Robbinsdale Armstrong ND
Jadon Doe 12 Totino-Grace DNS
Prince Axel-Assogba 9 Park Center DNS

Boys Varsity Triple Jump Finals

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Athlete Yr Team Mark H# Wind

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1 Tonie Torboh 12 Elk River 47-2.25
2 Boluwatife Adeuga 10 Coon Rapids 46-9.25
3 Isaiah Salami 11 Anoka 46-7.25
4 Justin Richard 10 Blaine 44-10
5 Caleb Nyamari 12 Anoka 44-7.75
6 Kolvin Mayer 12 Elk River 44-6.25
7 Tuulla Gemta 11 Blaine 43-9.5
8 Naanno Gemta 12 Blaine 43-5
9 Isaiah Badejo 10 Spring Lake Park 42-11.5
10 Peter Gwin 12 Champlin Park 42-10.5
11 Farelle Deline 11 Robbinsdale Armstrong 42-7.25
12 Oluwanifemi Charles-Oni 9 Anoka 42-6
13 Lance Quiah 12 Osseo 42-5
14 Chinonyelum Obinwa 12 Champlin Park 42-1.75
15 Rico Calvert 11 Park Center 42-1.25